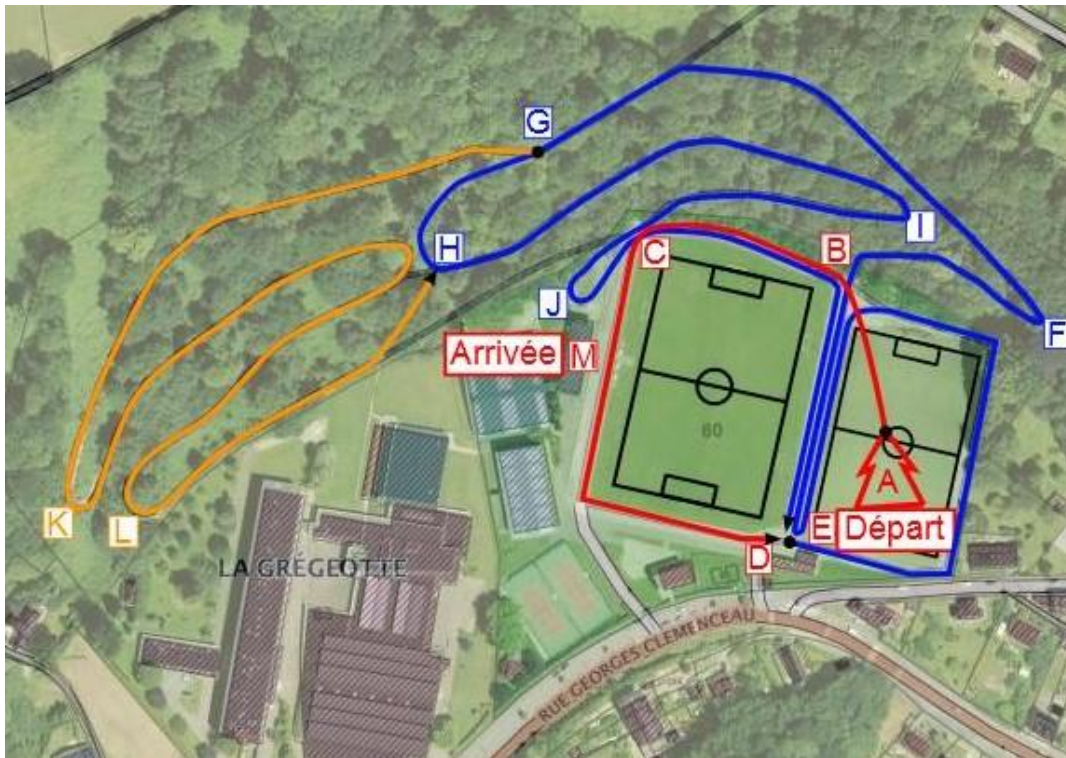




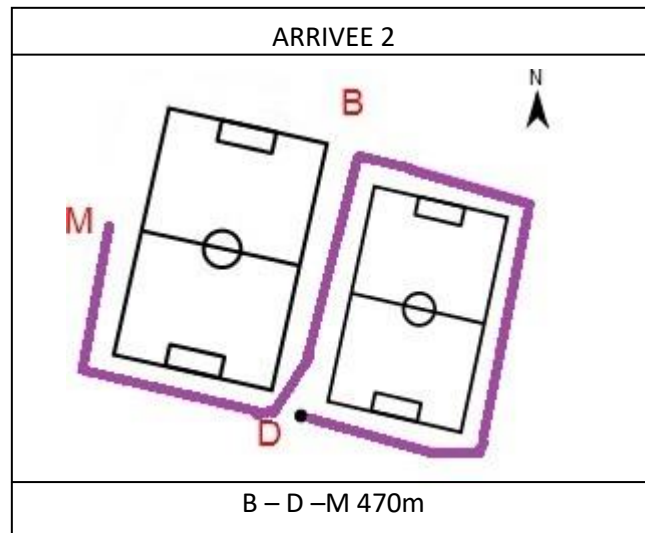
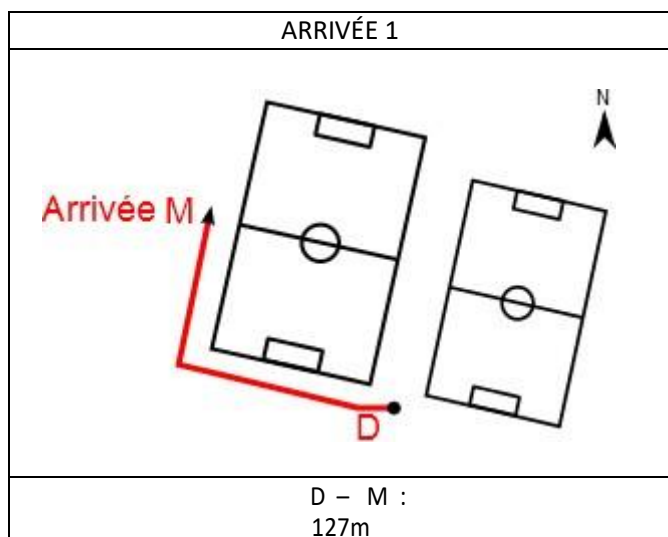
**GROUPEMENT ATHLETIQUE DE LA BASSE SEINE
CROSS DE BOLBEC
DIMANCHE 26 NOVEMBRE 2017**



Parcours – Vue d'ensemble



| | | FOOTBALL 1 | FOOTBALL 2 |
|---|--|---|------------------------------|
| | | | |
| A – B – C – M – D : 384m | | D – B – C – M – D : 520m | D – E – B – C – M – D : 702m |
| PARCOURS 1 | | PARCOURS 2 | |
| | | | |
| D – E – B – F – G – H – I – J – C – D : | | D – E – B – F – G – K – L – H – I – J – C – B – D : | |



Parcours et distance du cross de Bolbec 2017

| Horaire | Catégorie | Départ 384m | Football 1 520m | Football 2 702m | Parcours 1 1478m | Parcours 2 2290m | Arrivée 1 127m | Arrivée 2 470m | Distance | |
|---------|--------------------------------------|----------------|--------------------|--------------------|---------------------|---------------------|-------------------|-------------------|----------|------|
| 9 H 30 | Marche téléthon | 1 | 1 | 1 | | 1 | 1 | | 4023 | |
| 9 H 30 | Marche nordique | 1 | | 1 | | 4 | 1 | | 10373 | |
| 9 H 30 | Equip'cross | 1 | | 1 | | 3 | 1 | | 8083 | |
| | Relayeur 1 | 1 | | 1 | | | | | 1086 | 8000 |
| | R1 + Relayeur 2 | | | | | 1 | | | 2290 | 7000 |
| | R1 + R2 + Relayeur 3 | | | | | 1 | | | 2290 | 4700 |
| | R1 + R3 + R3 + Relayeur 4 | | | | | 1 | 1 | | 2417 | 2400 |
| 11 H 45 | Master H + NL | 1 | | 2 | 1 | 2 | 1 | | 7973 | |
| 12 H 45 | PG +PF | 1 | | 1 | | | | 1 | 1556 | |
| 13 H 00 | BG +BG+MF | 1 | 1 | 2 | | | | 1 | 2778 | |
| 13 H 15 | MG+CF | 1 | 2 | | 1 | | 1 | | 3029 | |
| 13 H 35 | Cross court Femme (Es/Se/M) + JF | 1 | | 1 | | 1 | 1 | | 3503 | |
| 14 H 20 | Cross court Hommes (Es/Se/M) + CH | 1 | 1 | 1 | | 1 | 1 | | 4023 | |
| 15 H 00 | Cross long Femme (Es/Se/M) + JH | 1 | 1 | 1 | 1 | 1 | 1 | | 5501 | |
| 15 H 45 | Cross long Homme (Es/Se) | 1 | 1 | | 2 | 2 | 1 | | 8567 | |

